



Center For Neuro Development

PO Box 99369
Lakewood, Washington 98496-0369
Phone (253) 581-1588

PO Box 9346
Pueblo, Colorado 81008-9346
Phone (719) 423-6463



Unlocking ADHD, Dyslexia, Autism and More!

E-Mail: maggie@centerforneurodevelopment.com
maggie@homeschoolhelps.com
mdail@academynorthwest.net

Web Site: www.centerforneurodevelopment.com
www.homeschoolhelps.com
www.academynorthwest.org

Unlocking Learning Potential

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We continually add new information and make changes to our website. You can now order products and pay for services online – including annual homeschool testing.

NEW WEBSITE: www.centerforneurodevelopment.com

By the end of May, 2011 we will discontinue our website: www.specialhelps.com and the related e-mails: maggie@specialhelps.com, ronnie@specialhelps.com, orders@specialhelps.com. Be sure that you are using the following: www.centerforneurodevelopment.com, maggie@centerforneurodevelopment.com and orders@centerforneurodevelopment.com or any of the others in the heading.

In this issue: What's Happening at the Center?

What we do at the Center?

New Book Available: Rounding the Bases: Chris Learns to Read

Featured Article: Reading Instruction: The Neurodevelopmental Approach by Maggie Dail

This is the last in a series of issues that have focused on the topic of Reading. Beginning in April we will be discussing Brain Research. Remember you can read all of the past issues on our website.

What's Happening at the Center?

In our ongoing effort to find homes for many items from our lending library and other educational products, we will continue selling many used items for \$1.00 a grocery bag full. Other items go for \$ 0.50 or \$1.00. This offer is available by appointment until March 14. After that, we will continue reducing our remaining inventory with great offers. Those coming to our center for services may browse our shelves.

Our ***free introductory seminar*** usually occurs on the 2nd Monday of the Month at 6:00 p.m. We are changing the locations to 8323 95th St SW. (**New Location**). We are available to do these seminars at your location and to your group. Contact us for details. Future dates at the Center:

March 14 (2nd Monday)

April 11 (2nd Monday)

May 9 (2nd Monday)

Those who attend may choose a number of options including:

Neurodevelopmental Screenings – up to 30 minutes; \$40.00

- Neurodevelopmental Screening – (auditory and visual processing; dominance; gross motor)
- Attend the 2nd Monday of the month Free Introduction to the Neurodevelopmental approach.
- Follow-up Seminar for all participating families – to explain results of screening and mini-plan of action.
- Mini-Plan of Action – about 30 minutes of daily activities; for those who follow through a minimum of 80%; reporting every month and upgrade to another of the non-test assessment plus or neurodevelopmental evaluation administered by our resident neurodevelopmentalist within 6 months, they will get a \$40.00 discount on the upgraded service.

Brain Development and Learning – Beginning Soon!

Learn how to apply what we know about brain development for learning reading, math and other subjects.

Brain Development and Reading – February 28 at 6:00 p.m.

Brain Development and Math – April 25 at 6:00 p.m.

Brain Development and Other Subjects – May 23 at 6:00 p.m.

What do we do at the Center for Neuro Development?

1. FREE information regarding the neurodevelopmental approach to unlocking learning challenges in the following ways:
 - a. Website with links and articles: www.centerforneurodevelopment.com.
 - b. Free monthly e-newsletter, *Unlocking Learning Potential*.
 - c. Free monthly informational seminar – 2nd Monday of the month. See above.
 - d. Occasional workshops on *Brain Development and Learning*. See dates above for the next series.
2. Conduct evaluations / assessments – finding missing pieces in development.
3. Design individual neurodevelopmental plans (with complete evaluation), mini-plans (with non-test assessments plus) and screenings plans (with screenings).

4. Teach parents how to implement these plans to do at home; implement the plans for the parents in the Center or a combination of the two.
5. Sell materials useful for students on plans and homeschool curriculum.
www.centerforneurodevelopment.com
6. Provide other services for independent homeschoolers and Academy Northwest students: www.homeschoolhelps.com;
www.academynorthwest.net.

We are now enrolling for winter classes and scheduling for homeschool testing, Braining Training / Individual ANW credits - and neurodevelopmental evaluations. Contact us regarding our classes or look on our website: www.homeschoolhelps.com

In 2006, the first edition of our book came out: *Getting to First Base: Chris Struggles to Read*. This second edition has a new title and additional Bonus material for parents. The introductory price for *Rounding the Bases: Chris Learns to Read* is \$13.95. While our supplies last of the first edition, the clearance price is only \$10.00. Now that the new edition is available owners of the first edition may request the additional Bonus material by e-mail. To get your copy of *Getting to First Base: Chris Struggles to Read* or *Rounding the Bases: Chris Learns to Read* you may order online: www.centerforneurodevelopment.com

Featured Article:
Reading Instruction:
The Neurodevelopmental Approach
by Maggie Dail, M.A. CND

In this article, Dail presents general principles of instruction that guide the neurodevelopmentalist in any academic area. Then she outlines a generic plan for teaching reading which can be customized for different learners.

Scroll down for the article.

Reading Instruction: The Neurodevelopmental Approach

Maggie Dail, M.A. CND

As with any academic subject, the neurodevelopmental program approaches the teaching of reading fluency following some general principles:

- 1) **INPUT, INPUT, INPUT:** Input is foundational to learning anything. So often we spend excessive time testing a child's knowledge before he has had an opportunity to actually learn the information.
- 2) **THREE KEY WORDS - FREQUENCY, DURATION AND INTENSITY:** By providing short, frequent lessons with high intensity individuals learn more quickly. Many activities that form the Individualized Neurodevelopmental Plan (INP) last 2-3 minutes or no more than 10 minutes at a time. By intensity we are looking for a high level of focus.
- 3) **DEVELOPMENTAL PROFILE:** Start where she is and build in steps. By using a developmental profile we look for missing pieces in function and design an INP that stimulates the brain in specific ways to encourage development and learning.
- 4) **DOMINANCE:** Many children who struggle with reading or have been diagnosed with dyslexia have a mixed dominance. Having a mixed dominance affects the ability of individuals to remember long-term information and maintain emotional control. It may also cause reversals. [Developing Your Homeschool Child's Long Term Memory and Emotional Control](#) (Available on www.centerforneurodevelopment.com under articles.)
- 5) **PROCESSING:** Having low auditory processing affects the reader's ability to remember all of the pieces while sounding words. [Phonics vs. Sight Reading](#) (Available on www.centerforneurodevelopment.com under articles.)

Very young children can learn to read using these guidelines appropriately. You can learn more about this by reading [Teaching Babies](#) by Kay Ness, M.S. CND and reading books by the [Domans and others](#):. If an older child or adult has not achieved the beginning steps the teacher / parent must start here with age appropriate materials. (www.centerforneurodevelopment.com under articles and educational products.)

Our focus for this article is for teaching reading for those who have achieved at least second grade level. As a part of an INP this generic plan may be customized for the individual.

They may be emotionally negative regarding reading due to having tried many methods/curriculums without success and / or due to having a mixed dominance as described earlier. Further, they may not have the auditory processing to support learning to read using phonics.

Therefore the Neurodevelopment approach works toward establishing a one-side dominance and developing strong auditory processing. At the same time we teach reading in a way that works for these children. We use books that have short stories of interest to older children and even adults with controlled vocabulary. [Reading Resources \(www.centerforneurodevelopment.com](http://www.centerforneurodevelopment.com) under educational products.)

Steps in the Process:]

- 1) Input Sight Words and Discuss Vocabulary – Using flash cards for input, the parent / teacher quickly goes through several word cards – reading aloud the words to the individual. Going through the cards multiple times will not take more than a minute or so. At sometime in the process you can discuss the meaning of the words. Do this multiple times throughout the day.

At a different time:

- 2) Read the story to the child while he looks at the page you are reading. Sometimes you will need to have to read it to him multiple times – in one day or over the course of more days. At the beginning you may need to do one story a week and eventually work up to doing 1-2 stories a day.
- 3) She reads the story to you. Again, sometimes you will need to have her do it multiple times over the course of days.
- 4) Discuss the story. This is preferable to answering questions that are often provided in books. By having him tell you what the story is about, you may glean some interesting things about how well he understands the story.

Each series of books that we use moves up ½-1 grade level with each book. Once the child is reading 1-2 stories a day, she can move up ½-1 grade level every four months. This is highly motivational to children who have struggled in reading.

For more information contact:

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(253) 581-1588

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